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ESPS PEER-REVIEW REPORT

Name of journal: World Journal of Hypertension
ESPS manuscript NO: 20051
Title: Dashing away hypertension: Evaluating the efficacy of the dietary approaches to stop hypertension diet in controlling high blood pressure
Reviewer's code: 00608332
Reviewer's country: Spain
Science editor: Yue-Li Tian
Date sent for review: 2015-06-01 11:20
Date reviewed: 2015-06-04 01:17

CLASSIFICATION	LANGUAGE EVALUATION	SCIENTIFIC MISCONDUCT	CONCLUSION
[ ] Grade A: Excellent	[Y] Grade A: Priority publishing	Google Search:	[Y] Accept
[Y] Grade B: Very good	[ ] Grade B: Minor language polishing	[ ] The same title	[ ] High priority for publication
[ ] Grade C: Good	[ ] Grade C: A great deal of language polishing	[ ] Duplicate publication	[ ] Rejection
[ ] Grade D: Fair	[ ] Grade D: Rejected	[ ] Plagiarism	[ ] Minor revision
[ ] Grade E: Poor		[Y] No	[ ] Major revision
		BPG Search:	
		[ ] The same title	
		[ ] Duplicate publication	
		[ ] Plagiarism	
		[Y] No	

COMMENTS TO AUTHORS

The authors provide a timely and well written review on DASH diet and its biochemical aspects. The authors could provide a description of the search strategy used to compile the literatura on this topic. Page 16 "According to Sacks et al., The DASH ..." should be "According to Sacks et al., the DASH ..."

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ESPS PEER-REVIEW REPORT

Name of journal: World Journal of Hypertension
ESPS manuscript NO: 20051
Title: Dashing away hypertension: Evaluating the efficacy of the dietary approaches to stop hypertension diet in controlling high blood pressure
Reviewer's code: 00053616
Reviewer's country: Brazil
Science editor: Yue-Li Tian
Date sent for review: 2015-06-01 11:20
Date reviewed: 2015-06-28 03:41

CLASSIFICATION	LANGUAGE EVALUATION	SCIENTIFIC MISCONDUCT	CONCLUSION
[ ] Grade A: Excellent	[ ] Grade A: Priority publishing	Google Search:	[Y] Accept
[Y] Grade B: Very good	[Y] Grade B: Minor language polishing	[ ] The same title	[ ] High priority for publication
[ ] Grade C: Good	[ ] Grade C: A great deal of language polishing	[ ] Duplicate publication	[ ] Rejection
[ ] Grade D: Fair	[ ] Grade D: Rejected	[ ] Plagiarism	[ ] Minor revision
[ ] Grade E: Poor		[Y] No	[ ] Major revision
		BPG Search:	
		[ ] The same title	
		[ ] Duplicate publication	
		[ ] Plagiarism	
		[Y] No	

COMMENTS TO AUTHORS

It is a clearly written, updated review on the benefits of the DASH diet with discussion of its potential physiological mechanisms. I have only a few comments: 1- On the 2nd paragraph of the Introduction (pages 2-3), the authors stated that the 8th JNC entirely dropped the Hypertension classification based on BP levels. This is not completely true. In fact, the JNC8 (or preferentially, the report from the panel members appointed to the JNC8) was not intended to be a complete new guideline, but only to answer, based on evidences from RCTs, 3 questions: who should be treated with anti-hypertensive drugs; to what BP target; and what are the best drugs for each specific clinical condition. As the authors addressed, the 2nd answer was very controversial, as the JNC8 recommended a BP target of <150/90 mmHg for people over 60 years old. Hence, the "so-called" JNC8 did not address or discuss Hypertension classifications. 2- In Figure 1, what is meant by cardiotonic steroids? (cortisol? mineralocorticoid?)

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ESPS PEER-REVIEW REPORT

Name of journal: World Journal of Hypertension
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Reviewer's country: United States
Science editor: Yue-Li Tian
Date sent for review: 2015-06-01 11:20
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CLASSIFICATION	LANGUAGE EVALUATION	SCIENTIFIC MISCONDUCT	CONCLUSION
[ ] Grade A: Excellent	[ ] Grade A: Priority publishing	Google Search:	[ ] Accept
[Y] Grade B: Very good	[Y] Grade B: Minor language polishing	[ ] The same title	[Y] High priority for publication
[ ] Grade C: Good	[ ] Grade C: A great deal of language polishing	[ ] Duplicate publication	[ ] Rejection
[ ] Grade D: Fair	[ ] Grade D: Rejected	[ ] Plagiarism	[ ] Minor revision
[ ] Grade E: Poor		[Y] No	[ ] Major revision
		BPG Search:	
		[ ] The same title	
		[ ] Duplicate publication	
		[ ] Plagiarism	
		[Y] No	

COMMENTS TO AUTHORS

The authors summarized recent studies and discussed the potential role of diet in the development and prevention of hypertension, which provides some insightful knowledge of understanding of the relationship between diet and hypertension. The authors proposed that DASH diet is effective in reducing high blood pressure, which may be beneficial to public health.