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ESPS PEER REVIEW REPORT

Name of journal: World Journal of Translational Medicine

ESPS manuscript NO: 12298

Title: Psychotherapy in anorexia nervosa: what does the absence of evidence mean?

Reviewer code: 00503486

Science editor: Fang-Fang Ji

Date sent for review: 2014-07-01 12:11

Date reviewed: 2014-07-02 01:09

CLASSIFICATION	LANGUAGE EVALUATION	RECOMMENDATION	CONCLUSION
<input type="checkbox"/> Grade A: Excellent	<input type="checkbox"/> Grade A: Priority publishing	Google Search:	<input type="checkbox"/> Accept
<input type="checkbox"/> Grade B: Very good	<input type="checkbox"/> Grade B: Minor language polishing	<input type="checkbox"/> Existing	<input type="checkbox"/> High priority for publication
<input type="checkbox"/> Grade C: Good	<input type="checkbox"/> Grade C: A great deal of language polishing	<input type="checkbox"/> No records	<input type="checkbox"/> Rejection
<input type="checkbox"/> Grade D: Fair	<input type="checkbox"/> Grade D: Rejected	BPG Search:	<input type="checkbox"/> Minor revision
<input type="checkbox"/> Grade E: Poor		<input type="checkbox"/> Existing	<input type="checkbox"/> Major revision
		<input type="checkbox"/> No records	

COMMENTS TO AUTHORS

This is an important paper that should be published. There are some minor English problems that can be easily corrected. The paper will be much more useful if the authors can propose a new mechanism for the disease. The authors may also wish to discuss why the disease frequently only lasts for less than 2 years. The paper highlights problems with all RCT studies.



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ESPS PEER REVIEW REPORT

Name of journal: World Journal of Translational Medicine

ESPS manuscript NO: 12298

Title: Psychotherapy in anorexia nervosa: what does the absence of evidence mean?

Reviewer code: 02445294

Science editor: Fang-Fang Ji

Date sent for review: 2014-07-01 12:11

Date reviewed: 2014-08-01 16:09

CLASSIFICATION	LANGUAGE EVALUATION	RECOMMENDATION	CONCLUSION
<input type="checkbox"/> Grade A: Excellent	<input type="checkbox"/> Grade A: Priority publishing	Google Search:	<input type="checkbox"/> Accept
<input type="checkbox"/> Grade B: Very good	<input type="checkbox"/> Grade B: Minor language polishing	<input type="checkbox"/> Existing	<input type="checkbox"/> High priority for publication
<input type="checkbox"/> Grade C: Good	<input type="checkbox"/> Grade C: A great deal of language polishing	<input type="checkbox"/> No records	<input type="checkbox"/> Rejection
<input type="checkbox"/> Grade D: Fair	<input type="checkbox"/> Grade D: Rejected	BPG Search:	<input type="checkbox"/> Minor revision
<input type="checkbox"/> Grade E: Poor		<input type="checkbox"/> Existing	<input type="checkbox"/> Major revision
		<input type="checkbox"/> No records	

COMMENTS TO AUTHORS

Excellent manuscript that clearly falls within the scope of the Journal. - Please provide with the full Name of SSCM in the Abstract. - Please provide with a reference after the first sentence of the manuscript. - Please provide with some more actual references on the topic of weather related to emotional state and well-being on page 13 of your text. Even though the citations from Guetzkow et al. (1946) very much fits into your flow of Argumentation much Research has been done since then. - May be you should have a look in the following texts: Developing and evaluating cognitive remediation therapy (CRT) for adolescents with anorexia nervosa: A feasibility study C. Lindvall Dahlgren, B. Lask,N.-I. Landr?, ?. R? Published online before print June 11, 2013, doi: 10.1177/1359104513489980 Clin Child Psychol Psychiatry July 2014 vol. 19 no. 3 476-487 <http://www.oslo-universitetssykehus.no/SiteCollectionDocuments/Om%20oss/Avdelinger/Psykisk%20helse%20og%20avhengighet/Lands-%20og%20regionsfunksjoner/RASP/RASP;%20Dr.gradsavhandling.%20Inger%20Halvorsen.pdf> Halvorsen I, Andersen A, Heyerdahl S. Good outcome of adolescent onset anorexia nervosa after systematic treatment. Intermediate to long-term follow-up of a representative county-sample. European Child and Adolescent Psychiatry 2004;13: 295-306. Halvorsen I, Andersen A, Heyerdahl S. Girls with anorexia nervosa as young adults: self-reported and parent-reported emotional and behavioural problems compared with siblings. European Child and Adolescent Psychiatry 2005;14:397-406. Halvorsen, I.; Heyerdahl, S. Girls with anorexia nervosa as young adults: personality, self-esteem and life satisfaction. International Journal of Eating



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Disorders 2006; 39:285-293. Halvorsen, I.; Heyerdahl, S. Perception of treatment and helpful factors in patients with adolescent onset anorexia nervosa and their parents - 8.8 years after treatment start. (Submitted). Some ideas related to Topics on p. 8: I believe that we do not very well understand therapeutic processes yet. Since well established and, assumingly theoretically well-based and explained treatments and, for example, SSCM have similar outcomes it might be worth comparatively analyzing therapeutic processes in detail. Possibly there are more similarities between These approaches than currently expected, but just not in terms of the impact of the theoretically based interventions. Of course, the development of trustful relationships between therapist and patient is crucial in every therapy. Furthermore, it might be worth searching for particular interventions that are of Impact Independent of specificity or non-specificity of a treatment approach. This would be very time-, resource-, and cost consuming but probably meaningful.