

## Answering Review

① Number ID 04240461: This title of "The role of Traditional Chinese Medicine in the Initiative Practice for Health" is relevance to World Journal of Clinical Cases and to readers. The manuscript is generally well-written. It can be considered for publication after revision. The authors should go back to the main purpose of the manuscript, that is how to improve health awareness, especially for the young people, low-income populations etc. Although it is interesting and valuable in animal experiments to find that spleen deficiency is an important factor that exacerbates the development of colorectal cancer. However, it is necessary to describe how this finding relevant to the improve health awareness for those relative populations. If as the authors statement that Traditional Chinese Medicine will play a leading role prevention disease, a synergistic role in the treatment of major disease and a core role in disease rehabilitation. It is important to clarify how these aims can achieve through this animal experiment? More specific planning for the future is required. Furthermore, the Figure may not necessary presented in this paper. I recommend removal the Figure.

Answering:

Thank you for your careful review. I have added to the article how the role of TCM in health initiative practice can be specifically planned in the future. Typical symptoms of spleen deficiency are very common in most subhealthy people, and animal experiments can alert these people and improve their awareness of the disease crisis. The figure has been deleted.

② Number ID 02445242: The principal topic of this letter, i.e., the use of traditional Chinese medicine (TCM) to prevent precancerous lesions is beyond the level of my expertise. About the general issue of raising awareness about TCM, there can be no doubt that it is a laudable objective. The question is how to go about it. I think I had reviewed the study by Zhang et al. 2022 quoted in this letter. The finding about the low awareness regarding TCM among young, less literate, low-income, and rural populations was understandable. However, they used an internet survey to examine the awareness about TCM, which would have excluded the very same people. Though they concluded that just expanding the internet access may not be enough, they did not suggest any innovative ways to improve awareness of TCM in this disadvantaged population. Thus, I think this letter should attempt a more critical analysis of the study by Zhang et al. Moreover, if possible, they should offer some suggestions about the alternative ways of raising awareness about TCM among the Chinese population.

Answering:

Thank you for your careful review. I have put forward relevant recommendations in my article for specific populations, and followed your advice by pointing out the weaknesses of their research (e.g., excluded the very same people). I look forward to your further suggestions.