Dear Editors and Reviewers,

We would like to thank all the reviewers and editors for your review and constructive comments on improving the quality of the paper. After receiving the notice of revision from your journal, we have carefully analyzed and revised the paper, and we reply to the reviewers' comments below.

Response to the comments of reviewer 1

Q1: A minor editing is required for the manuscript

Response: We have revised the manuscript.

Q2: The discussion should be more focus on the results

Response: We have discussed the results section of the manuscript in detail, adding and refining many elements.

Q3: References should be edited according to the journal's guideline

Response: The references have been revised in detail according to the journal's requirements for the format, content and spelling of the article.

Response to the comments of reviewer 2

Q: Conclusion: minor revision of the conclusion and language, and some minor spelling mistakes should be corrected

Response: We have discussed the results section of the manuscript in detail, adding and refining many elements, polished the language of the article and corrected spelling mistakes.

Response to comments of scientific editors

Q: Minor language polishing

Response: We have polished the language of the article.

Response to comments of company editors-in-chief

Q: Using standard three-line tables, highlights and refinements of the latest foreword findings using RCA to citation databases

Response: We have standardized the three-line tables in the manuscript, and accessed the RCA citation analysis database to update the most recent key articles in this study and to refine and revise the article.

Other revision notes

We have revised the manuscript according to the *Guidelines and Requirements* for Manuscript Revision: Clinical Trials Study, Format for Manuscript Revision: Randomized Clinical Trial, and List of Common issues in revised manuscripts by authors and comments, adding some significant missing contents: the use of abbreviations has been standardized and corrected; the use of italics and font case has been corrected; the expression of individual words in the article has been unified; some contents that were missing in the article have been added, including running title, author's contribution, background of the abstract section, core tips, and article focus et al; the format of references has been unified; and the structure of the article has been organized.

We tried our best to improve the manuscript and made some changes in the manuscript.

Once again, thank you very much for your valuable comments and suggestions on our paper, and hope that you will inform us if you find any deficiencies again during the review process, and that the article will be published soon.

Thank you and best regards.

Yours sincerely,