Answer to the reviewer & Version of the revised manuscript with tracked changes

December 13, 2021

Dear Editor, Dear Reviewer,

Thank you for giving us the opportunity to submit a revised version of the manuscript

"Personalized treatment - which interaction ingredients should be focused to capture the unconscious"

to the World Journal of Clinical Cases.

We appreciate your comments and suggestions. We have incorporated changes within this version of the manuscript.

A point-by-point response to the reviewer's comments is given in this file and we try to address the issues raised by the reviewer as best as possible. We also attached the version with tracked changes to this file (see page n-nn).

Should you have additional comments and further questions please don't hesitate to contact us. We look forward to hearing from you regarding our submission and once again, we thank you for the time and effort you put in reviewing our paper.

Sincerely,

Dagmar Steinmair, Henriette Löffler-Stastka 批注 [DS1]: Evtl?

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Comments from Reviewer #1:

Reviewer #1:

Scientific Quality: Grade C (Good)

Language Quality: Grade B (Minor language polishing)

Conclusion: Major revision

Specific Comments to Authors: The paper is interesting; however important issues of concern arise:

- 1. Formally, I do not understand if this is a review or a case report. You start it differently from what it follows.
- 2. Wide discussions over psychoanalysis are never wide enough. I respect fully the (sub) discipline; but smooth your terminology. You're submitting for publication in a journal of psychiatry. Hence, address issues accordingly: the majority of readers will be psychiatrists.
- 3. Psychiatry has ever since suffered the lack of a unanimous / uniform language. Do not add confusion to all of this: some terms are hard to catch under a medical point of view (reconsolidation of memories / capture the unconscious / micro-expressions / painful sacrifices ...) Be more didactic and careful with the structure of the paper: introduction / methodology / discussion / conclusion; relating the latter I would re-write entirely the CONCLUSION: Taken together, both the motivation and the ability to influence one's life condition have to be freed to increase self-efficacy and a pleasurable pursuit of life. In psychoanalytic thinking, conflicting motives and/or goals demanding painful sacrifices need to be considered when initially effective interventions fail to induce a relevant change in the end. Social and other contextual external factors or inborn predispositions apply when problem solving fails. If you talk about treatment (right in the title) I see little about treating in these few sentences of the conclusion.

Comment 1

Response 1 Thank you for your comment. We now formulated an objectives and methods section right in the abstract: "This article examines existing knowledge about the mechanism of change in psychoanalysis under the consideration of current trends emerging from psychotherapy research. Investigating the mechanisms of change in therapeutic settingsA clinical example is discussed. Additionally, further directions for research are given."

Comment 2

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Response 2 Thank you for pointing this out. We now revised the manuscript and we trust that we now discussed our thoughts with a clear terminology.

Comment 3

Response 3 Thank you, we followed your suggestion. We structured the paper accordingly. Regarding the conclusion we aimed at implementing thoughts on treatment also in the conclusion section.

2 Editorial Office's comments

- 1) Science Editor: Specific Comments To Authors: The author's manuscript form makes me wonder, case analysis or review? There are many languages that are difficult for me to understand. There are no pictures and tables in the author's manuscript, which reduces readability. Scientific Quality: Grade C Language Quality: Grade C Recommendation: Conditional acceptance.
- **2) Editorial Office Director**: I recommend the manuscript to be published in the World Journal of Clinical Cases. Before final acceptance, the author(s) must add a table/figure to the manuscript. There are no restrictions on the figures (color, B/W).
- **3) Company Editor-in-Chief**: I recommend the manuscript to be published in the World Journal of Clinical Cases. Before final acceptance, the author(s) must add a table/figure to the manuscript. There are no restrictions on the figures (color, B/W).
 - Response: Thank you for your comments. We now added a statement about the paper's objective right at the beginning and added a figure to the text.

Thank you again for giving us the opportunity to submit a revised version of the manuscript