

Dear Editor,

Thank you very much for allowing us to revise our manuscript (Manuscript ID: 82412) entitled "Mediating effect of mindfulness level on the relationship between marital quality and postpartum depression among primiparas". We greatly appreciate the editors' and reviewers' comments and suggestions. These comments and suggestions are valuable for improving our manuscript. All authors approve the revised manuscript for publication.

Response to the reviewer's comments was as follows:

Reviewer #1:

1. Response to comment: Thank you for recommending me as a reviewer. The authors of this paper investigate the correlations among mindfulness, marital quality, anxiety, and depression in different regions and ethnicities in a large city in western China during the post-COVID-19 era and determine whether trait mindfulness mediates the relationship between marital quality and postpartum anxiety and depression among primiparas. If the authors complete minor revisions, the quality of the study will be further improved. 1. 11p: It is recommended that the Limitations section be merged into the Discussion section.

Response: Thank you for your suggestion. The Limitations section has been merged into the Discussion section as recommended by the reviewer.

Reviewer #2:

1. Response to comment: It is suggested that the respected author use the following articles to enrich the article: 1. <https://jpcp.uswr.ac.ir/article-1-808-fa.html>

2. http://jpcp.uswr.ac.ir/browse.php?a_id=787&sid=1&slc_lang=fa&ftxt=0

3. <https://link.springer.com/article/10.1007/s11469-021-00617-9>

4. <http://aimjournal.ir/Article/aim-19141>

Response: Thank you for your suggestion. The mentioned article entitled "Psychometric Validation of the Farsi Version of the Mindful Attention Awareness Scale (MAAS) in a Sample of Iranian Students in the USA" has been added as reference No.17 of this manuscript as suggested.

2. Response to comment: A factual concise abstract (up to 200 words) is required for every manuscript. The abstract should briefly state the Introduction and Methods, Results and Conclusions. An abstract is often presented separately from the article; hence it must be able to stand alone. Referencing should be avoided, but if necessary, then cite the author(s) and year(s). Also, non-standard or uncommon abbreviations should be avoided, however, if essential they must be defined at their first mention in the abstract itself.)

Response: Thank you for your suggestion. All parts of the abstract (Introduction, Methods, Results and Conclusions) have been streamlined as suggested.

3. Response to comment: At the beginning of the introduction, start with the study group, the dependent variables, and finally, the independent variables are explained. There should be content coherence between paragraphs, and they should be linked like links. The research background should be such that the research gap and unanswered questions are identified for the reader. At least in the last paragraph, state the unresolved issues and research gaps and direct and indirect applications of this study. It is important to note how the results of this study can help resolve ambiguities.

Response: Thank you for your suggestion. The unresolved issue and applications of this study have been mentioned in the last sentence of the second and third paragraph in the abstract.

4. Response to comment: To express the purpose, problem statement, the definition of specialized terms or scientific abbreviations, information provided in other similar research, the necessity of research and research innovation compared to previous research, unanswered questions that this research answers, and explain how the results of this study can help resolve ambiguities.

Response: Thank you for your suggestion. These issues have been mentioned in all three paragraphs of the abstract.

5. Response to comment: In the article's introduction, two questions should be answered briefly: Does the paper address an important issue? Has this research question been raised before?

Response: Thank you for your comment. These two questions have been answered in the abstract, including "However, there is scant evidence on mediating effect of mindfulness levels on the relationship between marital quality and postpartum depression among primiparas", and "Thus, this observational study aims to investigate the mediating effect of mindfulness levels on relationships between marital quality and postpartum depression among primiparas in southwestern China and provide a reference for future application of mindfulness in Chinese postpartum mental disorders".

6. Response to comment: Please state the ethical considerations of the research.

Response: Thank you for your suggestion. The ethical considerations of the research has already been mentioned in the first sentence of the "Ethics statement" paragraph.

7. Response to comment: Sampling needs further explanation and clarification.

Response: Thank you for your suggestion. Sampling has been explained in the first and second paragraph of "Study design and participants" as suggested.

8. Response to comment: Materials and methods is unclear.

Response: Thank you for your suggestion. Materials and methods of this study, including the study design and participants, the inclusion criteria, the exclusion criterion, and all scales applied in this study, have already been introduced as suggested.

9. **Response to comment:** Before presenting the tables, the demographic characteristics of the participants should be fully expressed in the form of a paragraph.

Response: Thank you for your suggestion. Each table is preceded by a necessary text in the form of a paragraph, and attention is also paid to avoid excessive repetition of the contents of the table.

10. **Response to comment:** In the Discussion, a summary of the findings is mentioned, and their interpretation is described. The alignment and non-alignment of the findings with the findings of previous similar researches are compared and examined and explained, the result then practical overview and generalizability of the results and in general, what has been added from this research to the existing theoretical and applied knowledge, has been written and in line with it, has expressed the limitations of the study and provided analysis and used suggestions for future studies.

In the Limitations section point out the factors that have restricted your research's internal and external credibility state the methodological limitations. Make research suggestions based on these limitations and write practical recommendations based on the findings. Avoid making general suggestions such as holding and explaining what the findings are based on the results of the hypothesis.

Response: Thank you for your comment and suggestion. Suggestions for further research has been mentioned in the paragraph of "LIMITATIONS" as suggested.

11. **Response to comment:** Please check all the references. It is suggested to enter the references with special source writing software to reduce the percentage of possible errors. References should be checked and reviewed. It is better than conventional software like Mendeley-EndNote be used for word references

Response: Thank you for your suggestion. All the references have been checked.

Response to the editorial comments was as follows:

Science editor

Response to comment: The manuscript has been peer-reviewed, and it is ready for the first decision.

Response: Thank you for your help.

Company editor-in-chief

Response to comment: I have reviewed the Peer-Review Report, full text of the manuscript, and the relevant ethics documents, all of which have met the basic publishing requirements of the World Journal of Clinical Cases, and the manuscript is conditionally accepted. I have sent the manuscript to the author(s) for its revision according to the Peer-Review Report, Editorial Office's comments and the Criteria for Manuscript Revision by Authors. Please provide the original figure documents. Please prepare and arrange the figures using PowerPoint to ensure that all graphs or arrows or text portions can be reprocessed by the editor. In order to respect and protect the author's intellectual property rights and prevent others from misappropriating figures without the author's authorization or abusing figures without indicating the source, we will indicate the author's copyright for figures originally generated by the author, and if the author has used a figure published elsewhere or that is copyrighted, the author needs to be authorized by the previous publisher or the copyright holder and/or indicate the reference source and copyrights. Please check and confirm whether the figures are original (i.e. generated de novo by the author(s) for this paper). If the picture is 'original', the author needs to add the following copyright information to the bottom right-hand side of the picture in PowerPoint (PPT): Copyright ©The Author(s) 2023. Authors are required to provide standard three-line tables, that is, only the top line, bottom line, and column line are displayed, while other table lines are hidden. The contents of each cell in the table should conform to the editing specifications, and the lines of each row or column of the table should be aligned. Do not use carriage returns or spaces to replace lines or vertical lines and do not segment cell content. Please upload the approved grant application form(s) or funding agency copy of any approval document(s).

Response: Thank you for your comment.

1. The original figure document has been supplemented.
2. The approval document has been uploaded.

Once again, we would like to express our great appreciation to the editors and reviewers for their comments and suggestions and hope that the revised manuscript will meet with approval. We sincerely appreciate your kind consideration of our manuscript, and we look forward to hearing from you at your convenience.

Best regards,

Yan Zeng