

Reviewer #1:

Scientific Quality: Grade B (Very good)

Language Quality: Grade B (Minor language polishing)

Conclusion: Minor revision

Specific Comments to Authors: Dear authors: First of all I would like to congratulate you on the work carried out. Then I would like to suggest areas for improvement: - You should register the clinical trial at www.clinicaltrials.gov and obtain a registration number (NCT....). In addition, you should add in the manuscript that the study was conducted with the informed consent of the patients and according to the guidelines of the Declaration of Helsinki. They should even attach consent from an Ethics Committee. - The inclusion criteria are clear, although they could add an age range to be more specific. As for the exclusion criteria, they should add more criteria, as there are certain characteristics and pathologies that could bias their intervention. - In the discussion section, they should add limitations of their study. - There is no conclusions section. - The introduction and results sections are optimal. - The rehabilitation protocol is very basic and closed kinetic chain exercises should be added. Best regards.

Answering Reviewer 1: Thank you for your suggestion. I will register the clinical trial and obtain a registration number for another clinical trial. The study was conducted with the informed consent of the patients and according to the guidelines of the Declaration of Helsinki. They attached consent from an Ethics Committee. I added The rehabilitation protocol was very basic and closed kinetic chain exercises. Thank you.

Reviewer #2:

Scientific Quality: Grade C (Good)

Language Quality: Grade B (Minor language polishing)

Conclusion: Accept (General priority)

Specific Comments to Authors: It is necessary to place legends in figure 2. the bibliography must include more recent articles (2020, 21 and 22)

Answering Reviewer 2: I added bibliography include recent articles (2020, 21 and 22). Thank you.