## Dear Editor,

We thank the reviewers and editorial team for taking their efforts to improve the article to increase its value for publication. Herewith we submit the revised version of the article addressing the reviewer's comments and the action taken for their valuable suggestions have been mentioned below.

Reviewer 1 Comments	Authors Reply	Action Taken
1. Thought the current paper	Thanks for the insightful	Introduction
focus on clinical efficacy of CT, it	comment. We have added	
would be desirable if the authors	the suggested content in	
can introduce what are i. the	the introduction of the	
principles of MSC-based CT; ii.	revised manuscript.	
the proposed mechanisms of CT		
in repairing tendon injury; iii. The		
brief procedures of CT in RC		
tears and iv. Potential safety		
concerns of CT in the		
introduction. Also discussion of		
the mechanisms in the discussion		
part is welcome.		
Are the stem cells used for the	Thanks for the comment.	
therapy autologous? When does	In table 2, it is mentioned	
CT starts in clinical trials?	that all the source of MSCs	
	in the included studies are	
	autologous. In 2014, P	
	Hernigou et al. started	
	clinical work on the use of	
	autologous MSCs in	
	augmentation of shoulder	
	repair.	

Figure 1, flow diagram: Records	Thanks for the keen	Figure 1
excluded (n=212): should state i.	observation. The excluded	
reasons of being excluded in the	articles were based on the	
figure. Is it based on the	title and abstract screening	
includsion and exclusion criteria?	and the same has been	
And ii. is it screened by reading	mentioned as suggested in	
the abstract or whole text?	the revised Figure 1.	
The final number of papers being	Thanks for the comment.	
screened is on the low side (only	We had our inclusion	
6). The authors may need to	criteria to included studies	
comment on this and defense	with comparator groups to	
why they think this number is	objectively analyse the	
enough.	efficacy of MSC-based	
	biological therapy against	
	controls population.	
	Hence, the final studies	
	with this inclusion criteria	
	was only 6 but still it had	
	valuable data to arrive at a	
	meaningful conclusion.	
The current format of the tables is	Thanks for the comment.	Tables
difficult to read. It should be	The tables have been	
formatted, e.g. in landscape	reformatted as suggested.	
orientation, and should have		
enough width for each column.		
p. 11: '4/6 studies' should be	Thanks for the comment.	
'Four out of six studies'. Same as	Revised as suggested.	
'2/6 studies'.		
Studies from SJ Kim and JL Hurd	We considered that could	
recruited subjects with only	be a confounding and	
partial thickness injury. Will it be	made a sensitivity analysis	
		1

a confounding factor for the	on the results obtained but	
analysis?	we did not find any	
	significant change in the	
	final outcomes derived	
	upon their inclusion into	
	the analysis.	
Forest plot and result of VAS:	Thanks for the comment.	
improvement of reduction in pain	We also inferred the	
was observed at 3 and 6 months	results to be due to the	
after treatment, but not observed	augmented healing of the	
after 1 year. Is there any	injury in the short term	
explanation on the observation?	with the help of MSCs in	
Does it suggest that CT may	the vicinity.	
speed up the recovery?		
What is the possible explanation	The studies reporting	
of no significant effect on	constant scores were	
Constant score?	measured at 1 and 2 years	
	which were not	
	significantly different	
	from the controls which is	
	the case with the other	
	outcomes also. Hence CT	
	helps in the augmented	
	healing in the short term	
	with comparable results in	
	the long term.	
Reviewer 2 Comments	Authors Reply	Action Taken
Evidence exists that	Thanks for the insightful	
mesenchymal stromal cells (MSC)	comment. In order to	
from different origins might not	explore into the	
have identical biological and	heterogeneity of the	

physiological properties, 4 of 6 studies included in the paper utilized MSC from bone marrow, and the two remaining articles used adipose tissue-derived MSC. The complex sources of the MSC origins make it very difficult to interpret the results in the present study.

results based on the source of MSCs, we made a sensitivity analysis on this regard and we did not find a significant change in the results.

Considerable heterogeneities also exist in cellular dosage, preparation method, and intervention in both treatment and control groups, making the results less robust.

Thanks for the valuable comment. We also note similar heterogeneity among the studies with respect to cellular dosage, and the preparation methods which are inherent in the comparative studies involving biological agents and we have duly mentioned them in the limitation section of the revised manuscript to make the point clear to the readers. Moreover, we made a sensitivity and subgroup analysis by grouping the studies of similar nature of variables assessed or leaving the odd type of study out of

	the analysis and we did	
	not find any significant	
	change in the results.	
The heterogeneity of VAS and	Thanks for the insightful	
ASES is relatively high, although	comment. We do agree	
the authors stratified the analysis	that the heterogeneity was	
based on the duration of follow-	not resolved by stratifying	
up. However, the heterogeneity	the studies based on	
did not change significantly in	follow-up but on close	
every sub-analysis, especially in	observation one could	
the ASES analysis, indicating that	note that the one study by	
the duration of follow-up may	SJ Kim et al. reporting	
not cause the heterogeneity. The	results at 3 weeks was the	
authors need to figure out the	major outlier contributing	
causes of the high heterogeneity	to the heterogeneity and	
by meta-regression or other	upon removal of the study	
suitable statistical methods.	we did not find any	
	change in significance of	
	results but only noted a	
	further strengthening of	
	the p value noted	
	previously hence we did	
	not find any reason to	
	remove that from analysis	
	despite the heterogeneity	
	noted.	
Further editing work is	Thanks for the valuable	
recommended for table 1 and	comment. Tables were	
table 2 in order to improve	reorganised to improve	
readability.	the readability as	
	suggested.	

Reviewer 3 Comments	Authors Reply	Action Taken
The title of the article cannot	We have used the research	
summarize the main content.	question as the title to	
Such an expression is misleading	make it more clear to the	
and should be revised.	readers and we do not	
	impart any misleading	
	impression with it.	
In the INTRODUCTION section,	Thanks for the valuable	
the logic of the article is very	comment. The	
chaotic, and the theme it	introduction has been	
expresses cannot be well	revised as suggested and	
understood.	has been organised for	
	clarity of content.	
In the discussion section, the	The discussion has been	
author only describes the data	completely revised in the	
again, which is useless for in-	revised version of the	
depth analysis and discussion,	manuscript with thorough	
and the logic is chaotic.	analysis of the results	
	obtained.	
The composition of the article is	Thanks for the valuable	
chaotic and difficult to read. It	comment. We have	
can be seen that the author's	revised the article	
attitude is not rigorous.	composition and	
	rigorously revised it to	
	make it more organised to	
	the readers.	
The language expression is very	The manuscript has been	
irregular and difficult to	completely revised with	
understand. Language needs	the help of a native	
polishing.	language speaker and	
	revised as suggested.	

Reviewer 4 Comments	Authors Reply	Action Taken
The authors need to update the	Thanks for the valuable	
protocol of their review to the	comment. We have	
PRISMA 2020 guidelines, instead	revised the protocol to	
of the 2009 version.	PRISMA 2020 as	
	suggested.	
Only 6 studies were included in	Thanks for the insightful	
the review, and some meta-	comment. We	
analysis included as few as only	acknowledged our	
two studies. And yet, the authors	limitation on the number	
drew strongly conclusion about	of studies and their	
their results, which is completely	quality of evidence in all	
inadequate. As a rule of thumb,	the results and limitation	
meta-analyses should be	of the revised manuscript	
performed only when there are at	as suggested.	
least 10 eligible studies, because		
when there are fewer studies the		
power of the tests is too low to		
distinguish chance from real		
effect (take a look at the book of		
systematic reviews from the		
Cochrane, which is available		
online with free access). The		
authors should be aware that and		
acknowledge their limitation.		
The first two paragraphs of the	Thanks for the valuable	
Discussion consist of a short	comment. The discussion	
literature review on some aspects	has been totally revised as	
of the subject being reviewed, but	suggested by thoroughly	
without an actual discussion of	analysing the results	
the findings of the study. This	obtained with the	

means that there is no discussion	available evidence on the	
at all in these two paragraphs.	subject in the literature	
For the rest of the Discussion	and the rationality of its	
section, it consists of paragraphs	utility.	
beginning with a repetition of the		
results followed by the citation of		
the results of other studies,		
without an actual discussion of		
the findings of the study. This		
means that the discussion is very		
poor.		
"We recommend a large-scale,	Thanks for the valuable	
multicentric trial analyzing	comment. The statement	
autologous and allogeneic	has been moved to the	
sources of MSCs with	discussion as suggested	
standardized dosage and	and conclusion has been	
intervention protocol, evaluated	revised with due	
with established outcome	acknowledgement to the	
measures both at short- and long-	limitations in the current	
term follow-up to further confirm	study and the power of	
the results of our analysis." This	the results obtained out of	
is not a conclusion, but a	the analysis.	
recommendation, which should		
stay at the end of the Discussion		
section.		
Science Editor's comments	Authors Reply	Action Taken
This article focuses on an analysis	Thanks for the valuable	
of published clinical data on the	comment. As per the	
efficacy of mesenchymal stromal	suggestion, the revised	
cell-based cellular therapy in the	manuscript has been	
treatment of rotator cuff. The	modified with the	

authors mention that the study is	introduction explaining	
a meta-analysis; however, the low	more on the MSCs, their	
number of studies included	role in the management of	
makes it difficult to consider this	rotator cuff tears.	
study as a meta-analysis. In	Moreover, in the revised	
addition, the introduction is too	manuscript, we have also	
short and more information	thoroughly analysed the	
about the characteristics of	results obtained. In	
mesenchymal stromal cell need to	addition, due to the	
be added. Likewise, the authors	focussed research question	
should discuss the results and not	to evaluate the role of	
list of the results and other	cellular therapy in the	
findings without a thorough	rotator cuff tears we could	
analysis of them.	find only 6 studies with	
	comparator group	
	involved in the study to	
	arrive at a meaningful	
	conclusion from the	
	analysis. We have given	
	our limitation on the	
	number of studies	
	included in the revised	
	manuscript.	
Editor-in-Chief's comments	Authors Reply	Action Taken
I recommend the manuscript to	The manuscript has been	Journal manuscript
be published in the World	transferred to World	submission
Journal of Meta-analysis	Journal of Meta-analysis	transferred to
	as recommended.	World Journal of
		Meta-analysis.