

Dear Reviewers

thanks for your comments concerning our manuscript No 10195.

Responds to the reviewer's comments:

Reviewer #1:

Thanks for your positive comments.

Reviewer #2:

Thanks for your positive comments. The link between lower body iron stores induced by dietary components of Mediterranean diet and its beneficial effects on NAFLD, was reported in the paragraph n°5. The references section was also updated.

Reviewer #3:

Thanks for your positive comments.

Reviewer #4:

Thanks for your positive comments.

Reviewer #5:

Dear referee, the present review describe the beneficial effects and the clinical impact of the Mediterranean diet on the patients with NAFLD patients. In this way, and on the absis of the literature on this topic, is our opinion to structure the paper on the basis of the studies reporting a Mediterranean alimentary regimen, and not to compare this diet with others. Literature report the role of many diet in real life. However only Mediterranean diet present solid data on cardiovascular and metabolic conditions.

Reviewer #6:

Thanks for your positive comments.

Epidemiology of the NAFLD, and in particular prevalence data in Mediterranean and Oriental regions were updated in the introduction section.

Reviewer #7:

Thanks for your comments.

- The reference Kontogianni et al. is yet present in the manuscript (ref. No 78);
- The reference Trovato et al. was reported in the paragraph n°5 (ref. No 79);
- The legends of figures were changed;
- Abbreviations list was revised;
- A table with a list of main studies on Mediterranean diet in NAFLD was made.