

We are very grateful to the reviewers for the interest to our work and the time taken for the review. Thank you very much for the advises on the improvement of the manuscript.

Reviewer #1:

Scientific Quality: Grade B (Very good)

Language Quality: Grade B (Minor language polishing)

Conclusion: Minor revision

Specific Comments to Authors: This review provides an overview of potentially interesting lifestyle hygiene modalities that can help prevent GDM during pregnancy, especially for at-risk subjects. Several factors have been discussed in this paper while shedding light on the different risks that result from the proposals to mitigate any possible effects or consequences. The paper is well written with a structured methodology. The statistical analysis is correct and based on recent data and references. Nevertheless, it is desirable that the authors include in the text a summary analysis sheet (table) which results from their objective observations.

Response

We thank the reviewer for the valuable comment. We added two tables summarizing the results of the studies on the association of prenatal nutrition and nutrition during pregnancy with the risk of GDM and one table with the summary from randomized trials of the effect of diet during pregnancy on the risk of GDM.

Reviewer #2:

Scientific Quality: Grade B (Very good)

Language Quality: Grade A (Priority publishing)

Conclusion: Accept (High priority)

Specific Comments to Authors: 1.Although it was a review article, it was still written in depth and comprehensive. 2.The risk factors causing GDM would be more scientific ,which were weighted and analyzed , and Nomogram was derived.

Response

We thank the reviewer for the interest to our study and for the valuable comment. We added two tables summarizing the results of the studies on the association of prenatal nutrition and nutrition during pregnancy with the risk of GDM and one table with the summary from randomized trials of the effect of diet during pregnancy on the risk of GDM.

Reviewer #3:

Scientific Quality: Grade B (Very good)

Language Quality: Grade A (Priority publishing)

Conclusion: Accept (General priority)

Specific Comments to Authors: Thank you very much for the opportunity to review this work. This is a review article discussing the impact of nutrition to prevent gestation diabetes mellitus. Well written and comprehensive review article. I have two minor comments that I believe it will strengthen the review: - In regards to the risk factors of GDM, I believe it was discussed more than needed given that the focus of the article is the role of diet in GDM, I would recommend summarizing that part and add a table summarizing the risk factors - I would recommend adding a table to summarize all the literature reviewed including author, study design, sample size, intervention used, results, ..etc Thank you very much!

Response

Thank you very much for the interest to our study, positive comments and for the valuable advices. We have shortened the text in the section «Risk Factors for GDM» and removed two sentences from the section.

We added 3 tables summarizing the results of the literature reviewed: two tables with the studies on the association of prenatal nutrition and nutrition during pregnancy with the risk of GDM and one table with the summary from randomized trials of the effect of diet during pregnancy on the risk of GDM.

Response to ***Science editor***

Thank you very much for the interest to our manuscript and the time taken for the review.

We have removed 11 self-citations and added 7 citations of other authors. Now the number of self-citations is less than 10%.

We added "Author Contributions" section in the manuscript.

We added 3 tables summarizing the results of the literature reviewed.

Company editor-in-chief:

Thank you very much for the time taken for the review and the opportunity to submit a revised manuscript. We have revised the manuscript according to the Peer-Review Report, Editorial Office's comments and the Criteria for Manuscript Revision by Authors. We added 3 tables summarizing the results of the literature reviewed.