

January 12, 2015



Dear Editor,

Please find enclosed the edited manuscript in Word format (file name: 15201-edited.doc).

Title: Assessment of psychological predictors of weight loss. How and what for?

Authors: Lisa Lazzeretti, Francesco Rotella, Laura Pala, Carlo Maria Rotella

Name of Journal: *World Journal of Psychiatry*

ESPS Manuscript NO: 15201

The manuscript has been improved according to the suggestions of reviewers:

Reviewer #1

It is an interesting review in studying obesity, concerning the psychological predictors in weight loss. Psychiatric disorders and psychological features play a role in developing obesity in addition to environmental factors and genetic predisposition. However, to evaluate the extent of psychiatric factor in obesity is a complicated issue, up to now, there is no study available to provide a feasible strategy. The review investigated current literature, analyzed and graded the related papers, and summarized the psychiatric questionnaires that commonly used. Generally, the manuscript is very informative and inclusive, presenting the advantages and limits of the psychiatric questionnaires or tests, the problems and possible reasons, etc, which is quite good. Information is required for a review article, but authors own opinions or future prospects might be added more to make the review more attractive and persuasive.

RE: Authors are grateful to Reviewer for useful comments and suggestions. Accordingly, the last paragraph of Conclusions section has been modified.

Reviewer #2

This seems to be a good review of the literature. I don't know this literature well personally but the paper is well written.

Reviewer #3

Dear Authors This manuscript did a narrative review of psychological predictors of weight loss. The manuscript is well written and concise. The knowledge from this manuscript is useful for further study on obesity psychological predictors of weight loss.

Thank you again for taking into consideration to publish our manuscript in the *World Journal of Psychiatry*.

Kind regards,

Francesco Rotella, MD, PhD

A black and white image of a handwritten signature, which appears to read 'Francesco Rotella'.

Psychiatric Unit, Careggi University Hospital, Largo Brambilla 3, 50141 Florence, Italy.

E-mail: francesco.rotella@unifi.it

Telephone and Fax: +39-0557947487