

## REPLY TO REVIEWERS' COMMENTS

Sir

Thank you very much for your valuable comments. We modified manuscript as per your suggestion.

Thank you very much

Regards

Raveendran

## REVIEWERS COMMENTS AND REPLY

Reviewer #1:

**Scientific Quality:** Grade C (Good)

**Language Quality:** Grade A (Priority publishing)

**Conclusion:** Minor revision

**Specific Comments to Authors:** Yoga, recently received more attention as a treatment modality for various lifestyle disorders, it was analyzed the role of yoga in the management of hypertension in this review. but everything has two sides, hoping to supplement the possible safety of yoga training in the text, and put the training contraindications in the text rather than in additional file.

SIR

THANK YOU FOR YOUR VALUABLE SUGGESTIONS

SAFETY AND CONTRAINDICATIONS TO YOGA PRACTICE INCLUDED IN THE TEXT AND HIGHLIGHTED WITH YELLOW COLOUR

## 6 EDITORIAL OFFICE'S COMMENTS

Authors must revise the manuscript according to the Editorial Office's comments and suggestions, which are listed below:

**(1) Science editor:**

The manuscript has been peer-reviewed, and it is ready for the first decision.

**(2) Company editor-in-chief:**

I have reviewed the Peer-Review Report, full text of the manuscript, and the relevant ethics documents, all of which have met the basic publishing requirements of the World Journal of Methodology, and the manuscript is conditionally accepted. I have sent the manuscript to the author(s) for its revision according to the Peer-Review Report, Editorial Office's comments and the Criteria for Manuscript Revision by Authors. Please provide the original figure documents. Please prepare and arrange the figures using PowerPoint to ensure that all graphs or arrows or text portions can be reprocessed by the editor.

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