

## Supplementary material

### A. Path model predicting nutritional habits ( $N = 146$ )

Dependent variable	Predictor	B	S.E.	$\beta$	Critical Ratio	p
<b>(R<sup>2</sup>)</b>						
Illness consequences perception	BMI	0.19	0.06	.27	3.04	.002
	Symptoms	0.30	0.05	.44	6.02	<i>P</i>
						< .001
(.26)						
Treatment perception	Time line perception	-0.27	0.07	-.31	-4.05	<i>P</i>
						< .001
(.09)						
Emotional representation	Illness consequences perception	0.79	0.10	.56	8.31	<i>P</i>
						< .001
(.31)						
Illness understanding degree	Gender	-0.46	0.19	-.18	-2.46	.014
	Symptoms	-0.22	0.10	-.19	-2.23	.026
(.20)						
	Illness consequences perception	0.79	0.14	.46	5.54	<i>P</i>
						< .001
Self-efficacy	Gender	-0.24	0.11	-.17	-2.15	.031
	Treatment perception	0.23	0.06	.32	4.07	<i>P</i>
						< .001
	Emotional	-0.12	0.06	-.17	-2.12	.034

representation							
Nutrition habits (.15)	Time perception Illness understanding degree	line	0.22	0.11	.17	2.10	.036
			0.30	0.10	.26	3.13	.002
			0.50	0.17	.25	2.99	.003