

From: Alan Hakim <contact@alanhakim.com>
Sent: Friday, April 30, 2021 4:40 PM
To: SHARP, Harriet (SUSSEX PARTNERSHIP NHS FOUNDATION TRUST) <harriet.sharp1@nhs.net>
Subject: Re: Permission to re-use table

Dear Dr Sharp

Thank you for your email.
I hereby give permission to use the 5-part questionnaire.
Congratulations on your publication.
Kind regards

Dr Alan Hakim

Dr Alan Hakim MA FRCP

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On Fri, Apr 30, 2021 at 16:30 SHARP, Harriet (SUSSEX PARTNERSHIP NHS FOUNDATION TRUST) <harriet.sharp1@nhs.net> wrote:

Dear Dr Alan Hakim,

I am currently working with Dr Jessica Eccles and Prof Critchley writing a narrative review article regarding increasing the recognition of hypermobility within psychiatry. We were hoping to include and reference your 'Five-point screening questionnaire for detecting hypermobility' (**Hakim A, Grahame R. Joint hypermobility. Best Pract Res Clin Rheumatol. 2003 Dec;17(6):989-1004. [PMID: 15123047 DOI: 10.1016/j.berh.2003.08.001.]**):

Table 2: Five-point screening questionnaire for detecting hypermobility (from Hakim and Grahame 2003 (1))

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| 1. Can you now (or could you ever) place your hands flat on the floor without bending your knees? |
| 2. Can you now (or could you ever) bend your thumb to touch your forearm? |
| 3. As a child, did you amuse your friends by contorting your body into strange shapes OR could you do the splits? |

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| 4. As a child or teenager did your shoulder or kneecap dislocate on more than one occasion? |
| 5. Do you consider yourself 'double-jointed'? |
| Answering yes to two or more questions suggests hypermobility with sensitivity 80-85% and specificity 80-90% |

Our manuscript has been conditionally accepted and we need to obtain permission to re-use any tables that have been published elsewhere. Would you be happy for us to re-use this table within our paper? I think it offers a very clear example of the simplicity of screening for hypermobility that psychiatrists reading our review may find very useful.

I would be very grateful to hear back from you.

Warmest wishes,

Dr Hattie Sharp
Academic Clinical Fellow in Psychiatry ST2
Brighton and Sussex Medical School